



sanctuaryone

at Double Oak Farm

Sanctuary One—Deepening Our Roots

Mud pies, furry cuddles, playing with sticks and leaves, fresh air, and the companionship of your four-legged friend. These are the ingredients for good memories and a positive childhood. Sadly, for many children, nature and unconditional love from an animal (let alone people) is out of reach.

Nutritious food, a warm bed, good medical care, playtime, and cuddles. These are the ingredients for a healthy life for animals. We know all too well that for many pets these basic necessities are out of reach.

At Sanctuary One we believe in doing everything we can to we ensure that children and animals receive what they need for happy, healthy lives. We are committed to helping as many as we can, and you have the ability to ensure that we can continue this mission in 2023.

Sanctuary One is a Care Farm, involving the therapeutic use of farming practices to facilitate healing. It envelops a holistic approach of People, Animals, and the Earth. Nature, farming, and gardening activities have proven mental health benefits to those suffering from anxiety, people with learning disabilities, autism, people with drug or alcohol addiction histories, depression and more. According to the United States Surgeon General, “76% of U.S. workers in a 2021 survey reported at least one symptom of a mental health condition (anxiety, depression), an increase of 17 percentage points in just two years.” Those numbers are just for people in the workforce! Sanctuary One is a healing place for all and is the only Care Farm in Southern Oregon.

The Care Farm hosts over 2,400 visitors each year. We offer a unique and beautiful rural setting for environmental education that teaches about the interdependence of humans, animals and the land to all ages and abilities. “Compass House loves our monthly trips to Sanctuary One,” says Xander, a Compass House staffer. “We learn so much about animals and how to work on a farm from the wonderful staff. Our trips to the farm give purpose, meaning, and social opportunities that we have not been able to find anywhere else. Thank you so much for all you do in the Rogue Valley!” We are thrilled to have Compass House among our list of regular visitors, and we are thankful to provide them a place where they can learn and heal.



In-person field trips increased by 24% from 2021, a fact Pippa the pig loved!



Sanctuary One also provides a safe, loving home to approximately 100 rescued farm animals and domesticated pets with specific focus on rescuing animals that are less likely to be adopted in traditional settings. We recently rescued a litter of kittens, with the help of the US Forest Service-Star Ranger Station. They kept the little ones fed for a couple of days while we moved things around to make some space. All of the kittens are doing well, and many have already found their forever homes! Most animals in our care are available for adoption to loving, qualified homes, but if an animal is never adopted, Sanctuary One guarantees a lifetime of care.



Abandoned kittens found warmth, love, and care at Sanctuary One.

Care for others isn't all we are focused on moving forward. Sanctuary One has been operating for 14 years, and for the first time since its inception, we are offering health, vision, and dental to our growing team of staff to care for staff too. Why are we growing? Because the need keeps growing and our community continues to reach out to us for resources. We were fortunate to receive a grant this year covering our field trip fees and that has had an enormous impact on our reach. In one group of high school students, about half of them had never even seen a farm animal in person! Not only did they have a wonderful time learning about the animals, but they also got to pet some of them, and were given the opportunity to observe and sketch an animal of their choice. They later did research on that animal in the form of creating flyers and presented them to Janelle

Whitfield, our Program Manager. One student said, "I enjoyed doing this project because what I did mattered to someone else. It was important." This is just one example of the impact that Sanctuary One has made on the kids in our community. We hope, with your help, to increase our field trips and our reach in the coming year.

2022 SUCCESSES

Our efforts go towards changing lives—the lives of people in our community and the lives of animals, like Moon, an emaciated horse, who need our help. It's because of the generosity of people like you that we can continue our work and expand our care to more people and animals in need. We can do it with your help!

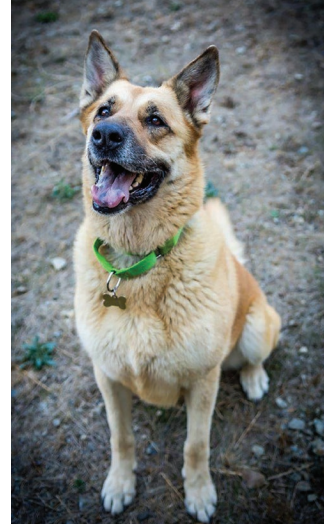
We've had an outstanding year. Some of the highlights include:

- Awarded and recognized with the 2022 Guidestar Gold Transparency Award.
- Awarded the GreatNonprofits 2022 Top-Rated Nonprofit Award.
- Received a grant that covered our field trip fees for most of the year.
- Growing our Service-Learning participation by 23% since before COVID.

Sanctuary One's 1,000th Animal Rescue!

We reached an amazing new milestone this summer—we had our **1000th animal come to Sanctuary One as a rescue**. Thinker, Sandman, and Rudy came to us this summer as our 999th, 1,000th, and 1,001st animal intake to Sanctuary One!





Far left: The joy of meeting new friends during care farm tours. Center: Thanks to Natural Grocers for their weekly donations to help our animals! Far right: Breelee won the hearts of staff, and now lives happily with her forever home.

- In-person field trips increased by 24% from 2021.
- Virtual Field trips allowed our reach of individual students to increase by 63% - six states, including Oregon.
- For the first time in 14 years, Sanctuary One is offering health, vision, and dental to the growing team of staff.
- 96 adoptions in 2022, with more scheduled in December.

FUTURE PLANS

We are always striving to increase our reach, to people, animals, and the planet. We want to welcome as many people from our community as possible, especially those in vulnerable populations, to learn and enjoy all that Sanctuary One has to offer. We are always working towards increasing our capacity for animal care and our number of adoptions to forever homes.

Our goals for next year include:

- **Build a gazebo near the garden** which will create a pleasant shelter for service-learning groups from the rain and sun.
- **Finish fencing and then focus on ground-work** — After decades of being a cattle ranch, our soil is very compacted and needs to be healthy for hay growing opportunities. We are working with Jackson County Water and Soil to ensure we have the research to make the most environmentally sound choices as we work to heal the soil.
- After the soil is healthy, our focus is **water conservation and irrigation**. Our vision is to grow our own hay, which, at current market prices, can save us \$10,000-\$12,000 a year. This would also cut down on time and our carbon footprint. This is a significant savings and that money could then go towards other projects to support our mission.

We Can't Do It Alone. We Need Your Support!

Our mission can only continue with help from people like you. Community support is the backbone of our continued success and growth. We are thankful that we can provide people with a respite from the often stressful and taxing world around them, to provide animals a loving home, whether with an adoptive family or on our Sanctuary, and to continue to be stewards for the Earth by tending our gardens and educating our guests.

Together, we can Deepen Our Roots and create a stronger, healthier community. With your continued support, we can make a difference for people, animals, and the Earth. Together, we can change lives.

Megan Flowers, Sanctuary One Executive Director



☾ Moon Joins Sanctuary One ☽

We would love to introduce you to our new resident horse, Moon!

With her sweet disposition, you would never guess that this 19-year-old mare has suffered severe neglect and abuse. When she was confiscated from a drug cartel, poor Moon had been severely neglected and physically abused. She was starving, emaciated, and as it was soon discovered... pregnant. She had also been badly beaten in the face, which permanently damaged her tear ducts. Moon always looks like she's crying.

Fortunately, despite her advancing age and the neglect and abuse she suffered, Moon was able to carry to full term and deliver a beautiful, healthy foal while healing and recovering. The foal stayed with Mom until it was weaned and then was adopted to a loving home. Moon continued to heal and put on weight while at our partner rescue center.

Moon is flourishing at Sanctuary One! She settled right in and, other than needing to use face wipes daily for her compromised tear ducts, she is relatively healthy and getting stronger every day. After introducing Moon to the other resident horses over the fence, we recently turned her out to the pond pasture with them and the goats and pigs. Moon has overcome so much adversity, and yet she is so kind and forgiving. She is still comfortable around people despite how she was once treated, and we can't wait to see her sweet personality shine. At Sanctuary One, Moon is experiencing love, safety, nutritious food, and excellent care. Once she is at a healthy weight, Moon will be available for adoption to a loving, forever home.