Sanctuaryone at Double Oak Farm



Hombre giving Jamie, Program Manager, a classic Hombre kiss

When people visit Sanctuary One they often talk about the magic they experience working in the farm's gardens and with the animals. The farm is magical, built of diverse elements, incorporating people, animals, and the earth. As a care farm we use horticultural and animal related therapies that have years of research behind how and why they help people. At Sanctuary One we're focused on mutual healing for both people and animals. When our service learning groups and volunteers work with our rescued animal friends, both parties benefit.

As you know, we have a three prong focus at Sanctuary One. Our mission is to provide a refuge for animals and a healing place for people while promoting environmental stewardship. **We believe that when people, animals, and the earth connect, good things happen.** Recently during one of the Veterans Affairs groups from Southern

Oregon Rehabilitation Center & Clinics' regular visits one veteran told another: "I love it out here. It's so peaceful and I can finally breathe." It's a message we hear all the time at the farm. In a world that can often feel isolating, stressful, and challenging—at the farm people feel connected and for many, like this veteran, they can breathe again.

Animals have a chance to breathe at the farm too. Our two most recent residents have been baby Desert Painted lambs, who lost their mother, and a baby Kunekune Potbelly pig who was purchased as a pet, then left at a dog and cat rescue when their owners realized their landlord didn't agree to have a pig as a resident. Now they're safe at the farm and enjoying the presence of all our service learning groups, growing a ton, and eventually finding their forever homes.



Left: Living Opportunities making art in the cat cottage. Right: Maslow Project kids visiting Penny the Pig.

Our service learning groups who work with our animals have a range of participants. I mentioned our veterans group, though we also partner with a multitude of youth agencies like Maslow Project (who serve youth experiencing homelessness), and the Boys & Girls Club, to name just two. We also partner with other agencies serving adults, like Compass House (a community of individuals recovering from mental illness) and Living Opportunities (a nonprofit that supports people with intellectual and developmental disabilities) and more. At Sanctuary One, our goal is to be a support to both human and animal nonprofits.

Your investment in Sanctuary One allows us to reach our goal as a care farm: to be a place of healing.

A Living Opportunities staffer wrote: "Offering respite, refuge, learning, and growth, Sanctuary One brings together mother nature, human, and animal in an altogether nurturing, healing, and inspiring relationship; wonderfully symbiotic. Not only are we grateful for the beautiful piece of nature to traverse and the lovely animals to visit, but also we are welcomed, warmed, and encouraged by the kindness, compassion, and patience extended to us and the knowledge shared with us by staff and volunteers; and for this we are most appreciative. Through our adventures on the farm, indoors and out, we're building relationship with: each other, the farm, the

Left: Veteran visiting with Sunny. Middle: Rain didn't stop the Berkeley service learning group. Right: Freddy with volunteers Eden and Raina.



animals, and those helping with the farm during our visits. With each unique and adventurous farm visit, we grow and get to know each other better. Thank you, Sanctuary One, and each and every person, effort, donor, EVERYONE, for EVERYTHING you do—loving and sustaining this wonderful organism."

When I write to you, our friend and supporter, it is not just me thanking you for your investment in Sanctuary One. I thank you on behalf of the children who can leave their life of trauma in town and find respite and the chance to be a child once they come on the farm. I thank you on behalf of our animals who no longer live in want for food, shelter, or love.

As we work to raise \$4,000 to help match a critical grant, so we can purchase an animal trailer that will allow us to get all the animals off the farm in case of another wildfire, like the one in Summer 2017, we hope you'll be there to help us reach this important goal. When we have to spend \$1,300 on an emergency vet visit for one of our cats, I know you are there to help us provide the best medical care. When we have to budget \$5,000 on just feed hay alone because the cost of good hay has gone up, I know you are there to ensure we can provide the best for our animals in the winter.

Thank you for being there for Sanctuary One, so we can be there for others.

Megan Hours

Megan Flowers, Sanctuary One Executive Director

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ADOPTION NEWS at Sanctuary One

Our furry farm friends might find their forever homes as soon as they're available for adoption, or a few years down the line. Our latest adoptees certainly know about this! We have had 4 adoptions within 6 days!





Rain

After a year and a half at the sanctuary cat Rain has been adopted to a wonderful home where she will continue on her raw diet (with the help of an expert volunteer and many diet trials we learned what best

helped her IBS) and receive lots of love. Her owner said that she has settled right in as if she has always lived there; she is doing very well and is very talkative. It is so wonderful to know that Rain will be getting all the attention that she wants and has a forever home with kind, loving people!





Doodles & Mr. Hardsome Mr. Handsome had been

with us for almost 8 months and Doodles had been at Sanctuary One for over 2.5 years! Both are older FIV+ cats and now both have an amazing home. Mr. Handsome and Doodles now are living with their new FIV+ cat brother Poe, Green-Cheeked Conure brother Haley (only under strict supervision) and their wonderful new human mom. Doodles is now

Professor Doodles, and both of them are doing extremely well. Here is a little update from their owner:

"The Professor and Mr H have made themselves right at home! My kitty, Poe, was very cautious the first day but they are very respectful of each other and seem to be totally fine. Prof D is a love. He likes to watch the squirrels outside and comes up for lots of head and neck scratches. Last night he slept on my bed! Mr. H is a sweetheart. He has slept on my bed the past two nights. He likes to sleep right next to me. He has the cutest, teeniest little meow. He's adorable. All is well here. Will call the vet this week to schedule a checkup for both and see about their dentals. I'm so happy with both of my guys!!!!"



Ferdinand

Staffer Jamie has been lovingly caring for sweet Fernie for the past seven months as her foster dog and now she has helped him find his forever home. Fernie was adopted by a

lovely family where he will have lots of fun with his new human brother and parents. He went to his new home with a few of his favorite toys and will surely be spoiled with many more.

We even had an adoption update from our recent alpaca, llama, and goat friends: **Paco**, **Pepe**, **Pitrie**, **Paulo**, **Hombre**, **Cici**, **Mary**, **Neubie and Grace**. They are all out in the pasture, settled in nicely and doing very well! Anyone who has visited the farm in the last few months probably benefited from Hombre the llama kisses—now you know that he found a wonderful home and continues to give kisses to his new family.

Our new Office Manager, Christie, who was recently promoted from her Animal Care Assistant position said it best:

"When animals have been here for long periods of time we are bound to get attached. Sometimes we wonder if they will indeed find forever homes. Sometimes it is bitter sweet when they do. We will miss them, but are so beyond happy for them. Seeing the joy on a person's face who is bringing home their new furry friend is something I could see a thousand times and it'd never get old. It's times like this that bring so much hope and happiness! It is times like these that we should celebrate!

To see an animal like Rain who came from a hoarding situation and spent one and a half years in our care end up in a happy home that she will get to forever call hers is something truly special. When we find these perfect fits, when someone gets a new friend and an animal gets a home, it is beautiful."

Thank you for everything that you do to make this all possible!