

A group of people are practicing yoga in a field. They are in a similar pose, with one leg raised and arms extended. They are under a large wooden pavilion with a brown roof. The background shows a line of trees and a cloudy sky.

# Sanctuary One

Farm Flow:  
Yoga Retreats  
2019

Breast Cancer Survivors  
Grief  
Unity and Peace

[sanctuaryone.org](http://sanctuaryone.org)



## Farm Flow: Yoga Retreats 2019

### About Sanctuary One

Sanctuary One is a care farm dedicated to rescuing domestic and farm animals, facilitating health and wellness for people, and promoting environmental stewardship. We believe that a farm can do more than grow food for people's bellies; it can heal our bodies and lift our spirits, too, if we work together with animals and the earth for mutual healing.

At Sanctuary One, people of all ages have the opportunity to volunteer on a real working farm and experience nature's healing power firsthand. We offer educational tours that open people's hearts and minds. We invite groups from schools and youth-serving nonprofit organizations to visit the farm for fresh air, exercise and hands-on service-learning. We mentor interns who dream of becoming the next generation of care farmers. We promote the ethics of mindful, sustainable living. And we provide a safe, loving home to rescued farm animals and pets.

### Farm Flow

In 2017 Sanctuary One launched a new collaboration with RASA Center for Yoga and Wellness. The idea was to find a new way for people to connect with nature, animals, and themselves; a four hour yoga retreat, called Farm Flow, turned out to be a fantastic route.

For 2019 we have special sessions, including Farm Flow: Breast Cancer Survivor Yoga Retreat, a session on Grief, and another on Unity and Peace. Our usual Farm Flow yoga retreat is a 5.5 hour retreat, with lunch, a shirt, and the opportunity to meet our animals and connect. However, our usual retreat registration fee is \$60. We're seeking sponsor partners who'd like to host the special sessions for \$1,500 (or in \$500 increments).

**With a hosted event we'll be able to offer the retreat for free to participants.** One of the mission points for Sanctuary One is to be a place of hope and healing, and we achieve this through our supportive and nurturing environment during our Farm Flow events. Please join us in caring for the whole patient/person at our event.



# Sponsor Farm Flow: Yoga Retreats 2019

The goal to cover attendees cost for each event is a total of \$1,500.

## **\$1500 Harvest Level (1 opportunities)**

All benefits listed in Farm Level, plus  
Press Release acknowledgement  
Radio & TV media interview mentions  
10 free public farm tour passes

## **\$1000 Farm Level (1 opportunities)**

All benefits listed in Garden Level, plus  
Name or logo on event promotional items (including t-shirts)  
8 free public farm tour passes

## **\$500 Garden Level**

Newsletter listing to our 3000+ followers  
Social Media listing  
Event page listing  
4 free public farm tour passes



To register as a Sponsor please contact Megan Flowers at  
[megan@sanctuaryone.org](mailto:megan@sanctuaryone.org) or 541-899-8627,  
or fill out and submit the sponsorship commitment form

# Sponsorship Commitment

\_\_\_\_\_ pledges a total of \$\_\_\_\_\_ to Sanctuary One  
as a sponsor of the Farm Flow: Yoga Retreat 2019.

Please select which session you'd like to sponsor:

☐ \_\_\_\_\_ ( ) Breast Cancer Survivor ( ) Grief ( ) Unity & Peace ☐

## Contact Information

Contact Name: \_\_\_\_\_

Company Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

☐ \_\_\_\_\_ ☐

## Sponsorship Information

I/We are sponsoring the event

( ) \$1500 Harvest Level Sponsor

( ) \$1000 Farm Level Sponsor

( ) \$500 Garden Level Sponsor

( ) We cannot sponsor this year; enclosed is a contribution of \$\_\_\_\_\_

☐ \_\_\_\_\_ ☐

## Payment Information

( ) Check Enclosed (Please make payments to Sanctuary One)

( ) Charge my Credit Card

Please charge \$\_\_\_\_\_ to my: AMEX Disc MC Visa

# \_\_\_\_\_ Exp \_\_\_\_\_ Security Code \_\_\_\_\_

Name on card: \_\_\_\_\_

Authorized signature: \_\_\_\_\_

Billing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

☐ \_\_\_\_\_ ☐

## Listing Preference for Materials:

( ) Name ( ) Company

\*Please email logo (jpg) to [megan@sanctuaryone.org](mailto:megan@sanctuaryone.org)

Print name here as you'd like it to appear in material: \_\_\_\_\_

☐ \_\_\_\_\_ ☐

## Send completed form to:

Megan Flowers by email to [megan@sanctuaryone.org](mailto:megan@sanctuaryone.org)

or by mail: Sanctuary One, 13195 Upper Applegate Rd, Jacksonville, OR 97530

Have questions? Feel free to email Megan or call 541-899-8627