

SUPPORT

LIVING ARBOR MEMORIAL AT SANCTUARY ONE



People, Animals & the Earth: Better Together



In sponsoring a tree for the Sanctuary One Living Arbor Memorial you help the care farm animals continue to thrive and you are supporting a crucial outdoor learning and healing resource for our community.

Your support makes it possible for our care farm to provide community service to dozens of Rogue Valley agencies, from the local shelters and Humane Societies, to various veterans groups, youth experiencing homelessness, mental health organizations and more. We receive no government funding and rely on your tax-deductible donations to provide a place of healing for people and animals.

Working with animals and gardening has been widely shown to help lower blood pressure, ease depression and stress, and help establish therapeutic relationships.

Join Sanctuary One in supporting people, animals, and the Earth

\$1,000 Plant a tree at Sanctuary One and join our inaugural 2021 & 2022 Living Arbor Memorial (20 opportunities in 2021 and 2022). A memorial plaque will be placed in our farmstand honoring your loved one.

\$2,500 Name a Learning Garden Raised Bed (6 opportunities in 2021)

Raised beds allow for more food to be grown by our youth, veterans, and other service learning groups to donate to food banks, and allow easier accessibility for veterans and others with mobility differences.

To join Sanctuary One in supporting the farm, while honoring someone near and dear to you, please contact Megan Flowers, Executive Director, at megan@sanctuaryone.org or 541-821-5331.

Besides the healthy fresh air and exercise, studies have shown that endorphins are released when a person is gardening, thereby promoting a feeling of well-being.

Research into care farming shows that one of the most important aspects of farming for health is the connection it fosters between the person in the program and other people who genuinely care for his or her health and happiness.

