

Volunteer Application

DATE: _____

please type or print legibly

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Do you prefer phone or email for communication? _____

How did you hear about us? _____

Can you volunteer a minimum of 8 hours per month for at least 6 months? _____

Are you willing to be flexible and participate in whatever jobs need to be done? _____

Care farms help people of all ages experience nature's power to heal. For example, working with animals and gardening has been widely shown to lower blood pressure, ease depression and stress, and help lonely people establish therapeutic relationships. **How do you think volunteering might benefit your health?**

Please describe any experience living or working with animals, gardening or doing farm work. Include specific skills, knowledge, and expertise.

Below are the areas where assistance is needed. Please check the ones you are most interested in:

Animal Care: dogs _____ cats _____ horses _____ other farm animals _____

Earth Care: gardening _____ watering _____ weed abatement _____

People Care: administration _____ assisting tour guides _____ special projects _____

How often are you available? Weekly _____ 2x a month _____ More often _____

Volunteer shifts are Monday – Saturday: 10a.m. – 4p.m.. **We are looking for folks who can volunteer at least twice a month and stay at least 4 hours each visit.**

Please circle all that apply in terms of your availability.

Mon Tues Wed Thurs Fri Sat

References (name/phone/email)

1. _____

2. _____