



Sanctuary One at Double Oak Farm is a nonprofit care farm.
Care farms are working farms where people, animals,
and the earth work together for mutual healing.



pg3

photo by Bob Pennell, Medford Mail Tribune

Lisa the pig makes it big

pg2



People Care

pg3



Animal Care

pg4



Earth Care



Meet our interns



Jake Dacks — University of Florida,
Political Science major

Michelle Pawliger — University of
Florida, Psychology major

Why did you choose to intern at the Sanctuary?

Jake: I really wanted to learn how to grow food so I can have my own garden one day. I would also like to help people grow their own food, so I figured I needed some experience myself!

Michelle: Sanctuary One had everything I wanted; a place to learn how to garden and a place where I could be surrounded by animals.

What are your plans after you leave the Sanctuary?

Jake: I don't have any set plans but I would like to move to Central America for a while to perfect my Spanish and explore different countries and cultures.

Michelle: I am starting law school at Lewis and Clark in Portland, Oregon. I am going to be studying animal law so I can defend animals like the ones at Sanctuary One.

Your gift is the gift of healing

Please help us heal people, rescue abused and neglected animals, and restore the earth.

- » Make a cash donation. Mail a check, or make a secure credit card donation on our website.
- » Donate stock or life insurance policies. We can work with your broker on the details.
- » Make a bequest to Sanctuary One in your will or set up a charitable remainder trust fund. Speak to your lawyer, or call us for a free consultation.
- » Buy a load of hay, grain, or feed pellets and have it delivered. Our rescued farm animals will love you for it. Please contact us for details before you do.

Sanctuary One is a nonprofit organization and runs 100% on donations. Contributions are tax deductible. All donors will be sent a receipt for your records.

Thank you!

Volunteering for health



Something as simple as brushing a horse is therapeutic for a rescued animal and healthy for you, too.

Carrie Lee of Medford, Oregon (shown above brushing Zeus) is one of the Sanctuary's regular volunteers. "I love coming here to get away from work and relax," said Carrie.

Working with animals and gardening has been widely shown to lower blood pressure, ease depression and stress, and contribute to a healthful lifestyle.

If you would like to find out more about the health benefits of care farming, visit www.SanctuaryOne.org and click on the "Volunteer" link.

By the numbers

people-care stats from January 1 to June 1

- » Number of care farm interns: 5
- » Number of care farm volunteers: 49
- » Volunteer hours served: 705
- » Number of K-12 and college students provided with tours and service-learning opportunities: 203
- » Number of people who received telephone counseling on farm animal and pet-related issues: 300+

Volume 1, Issue 2. Printed on recycled paper.
Please pass it on, or recycle/compost.



Lisa the pig makes it big



Lisa is a one-year-old, 700-pound Yorkshire pig who loves being petted and belly rubs.

On May 11, a very special animal named Lisa arrived at the Sanctuary. Lisa's story first appeared on the front page of the *Medford Mail Tribune*, then soon she was popping up in the *San Francisco Chronicle*, *L.A. Times*, *Seattle Times*, *Tampa Tribune*, *Connecticut Post*, a newspaper in England, and numerous news websites.

Lisa was originally rescued by the Whatcom Humane Society of Bellingham, Washington after her former owner was caught hitting her in the face with a 2-by-4.

When Sanctuary One agreed to take Lisa, the Whatcom Humane Society gathered a team of seven people dubbed Team Lisa to drive more than 10 hours and 1,000 miles round-trip to deliver her to our care farm.

In spite of her mistreatment, Lisa, like most pigs, is a bright, social animal. It is amazing to meet such a large, powerful animal, gently rub her side, and have her roll over for a belly rub. It's a life-affirming and educational experience you won't soon forget.

If you would more information on how to meet Lisa and other rescued animals, visit www.SanctuaryOne.org. Tours of the Sanctuary are free, but donations are greatly appreciated.

By the numbers

animal-care stats as of June 1

- » Number of animals living the Sanctuary: 37
- » Number of Sanctuary alumni: 46
- » Total number of farm animals and pets rescued: 83

Happily Ever After

adopter spotlight on Marlene Javage

Marlene Javage is a horticultural therapist with more than 15 years experience creating healing landscapes. On a beautiful Applegate Valley farm a few miles down the road from the Sanctuary, Marlene is in the process of creating a garden sanctuary and retreat center.

One day Marlene was driving past the Sanctuary with her grandchildren in the car. They spotted two pretty burros napping contentedly in a paddock.



Marlene pulled into the Sanctuary so her grandkids could meet the burros, whose names are Lady and Duchess. It was love at first sight, so Marlene adopted them. "They were the sweetest, most gentle creatures I had ever met," said Marlene.

It wasn't long before Marlene was back adopting Professor and Brownie, a couple of rescued sheep with great affection for each other. Professor is an elderly Merino ram; Brownie is a young Icelandic ewe.



Faith and Grace are two adorable rescued baby goats. Once Marlene stopped by the Sanctuary and met these cutie pies, she was smitten. They now live with Marlene's family and a small herd of lucky animals. Thank you, Marlene!



For information on how to adopt a rescued farm animal, visit www.SanctuaryOne.org.



13195 Upper Applegate Road
Jacksonville, Oregon 97530
541.899.8627 · www.SanctuaryOne.org

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Want to stop receiving this newsletter and instead only receive e-mail bulletins? Please email us at info@SanctuaryOne.org and we'll gladly honor your request.

For more recent updates, visit our website at www.SanctuaryOne.org

Come on in, the water's fine



Canada geese love to drop by our pond for a safe place to bathe.



It's always a treat when wood ducks decide to stop by for a swim.

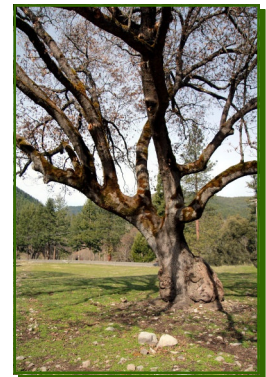
The pond at Sanctuary One is home-sweet-home to 11 domesticated ducks and geese, as well as a rest stop for countless numbers of wild waterfowl. A new solar-powered pump will help us keep the water healthy for all our feathered friends. Duckweed and goldfish also help us maintain water quality in a simple, natural way.

We are in the process of planting bamboo in tubs around the pond's edge to shade and cool the water. Donations of bamboo plants and/or cuttings would be appreciated. Please contact us for more information.

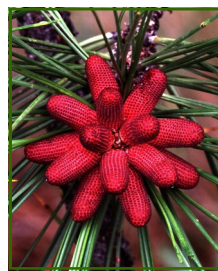
Lovely as a tree

Sanctuary One is home to a variety of beautiful trees that are sure to delight the most discerning naturalist.

From gnarled oaks to towering pines to heirloom fruit trees, we take great pride in taking good care of the farm's trees for everyone in the community to enjoy, including future generations of tree aficionados.



A partial list of the trees at the Sanctuary that you can



study, photograph, or just sit and admire includes: Oregon White Oak, Black Oak, Canyon Live Oak, Chinquapin, Douglas Fir, Ponderosa Pine, Sugar Pine, Brewer's Spruce, Incense Cedar, Apple, English Walnut, Madrone, and Manzanita.